



DETERMINING YOUR SIZE

Using a measuring tape, measure your body (not over clothing) & refer to body charts to determine the best size. If you fall between sizes, we recommend ordering the larger size. Women: Utilize your chest measurement to determine the proper size for tops or outerwear; utilize your waist & hip measurements for bottoms

HOW TO MEASURE:

Chest: Measure under arms and around the fullest part of your chest with measuring tape parallel to the floor

Waist: Measure around the natural part of your waist (the smallest part of your waist)

Hip: Stand with your feet together & measure around the fullest part of your hip with the measuring tape parallel to the floor

Arm Length: Slightly bend elbow & measure from center back neck, over top of shoulder & down to wrist

Inseam: Measure inside of leg from crotch to ankle or desired length

Alpha (USA/UK/GMY)	X Small		Small		Medium		Large		XL		2XL		3XL		4XL		5XL	
Alpha (MX)	XChica		Chica		Mediano		Grande		XG		2XG		3XG		4XG		5XG	
Neck	13	13 1/2	14	14 1/2	15	15 1/2	16	16 1/2	17	17 1/2	18	18 1/2	19	19 1/2	20	20 1/2	21	21 1/2
Chest	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Waist	26	28	30	32	32	34	36	38	40	42	44	46	48	50	52	54	56	58
Arm Length	32 1/4	32 3/4	33	33 1/2	33 3/4	34 1/4	34 1/2	35	35 1/4	35 3/4	36	36 1/2	36 3/4	37 1/4	37 1/2	38	38 1/4	38 3/4

REGULAR (5'8 - 6' 1/2) TALL (6'1 - 6'3)

Tall sizes have 2" added to body length & 2" added to long sleeve length / 1" added to short sleeve length